



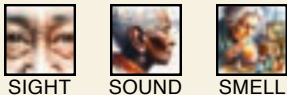
Reminiscing 1940's and 1950's

- Memories 1940s book
- Remember This?: People, Things, and Events from 1951 to the Present Day book
- I Remember That! : Captivating Stories, Interesting Facts and Fun Trivia for Seniors book
- The 36-Hour Day Book
- The Decade You Were Born : 40s DVD & 50s DVD
- No. 1 Hits of the '50s CD
- The Saturday Evening Post More Spot the Differences Picture Puzzles with dry erase marker
- Norman Rockwell's American Life from the Saturday Evening Post Coloring Book pages
- 24 colored pencils and 20 markers in zippered pouch
- All About Us board game

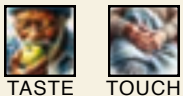


Reminiscing 1960's and 1970's

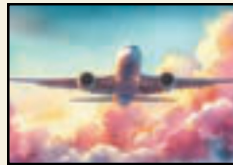
- The Decade You Were Born : 60s DVD & 70s DVD
- The Year was 1960 book & The Year was 1970 book
- 100 No. 1 Hits of the '60s CD
- Greatest Hits of the '70s CD
- Take Flight Balloons 100 pc Puzzle
- Folder with Activity pages
- 24 colored pencils and 19 markers in zippered pouch
- Call to Mind game
- Creating Moments of Joybook



Sensory Activities



- Follow your Nose game
- Texture Matching game
- Simon electronic game
- Gel Maze
- Sharpen Your Senses Cards
- Spot the Difference pages
- Coloring pages
- 24 colored pencils and 20 markers in zippered pouch
- Chair Exercise DVD
- The 36 Hour Day book



Travel and Places

- Incredible Train Journeys Around the World DVDs
- 100-piece Puzzle: Our National Parks
- 63-piece Puzzle: City Dusk
- Picture Book of Great American Road Trips
- 40 Most Beautiful National Parks book
- 40 Beautiful Landmarks in the World book
- Match the Photo game
- Expressions Cards
- Conversation Cards: Historic America
- The 36 Hour Day book



Caregiver Resources

- 4 DVDs: Positive Approach to Care with Teepa Snow
- Color Your Mind: A Coloring Book for those with Alzheimer's and the People Who Love Them
- 24 colored pencils and 20 markers in zippered pouch
- Your Present: A Half-Hour of Peace, 3 Soothing Guided Meditations for Deep Stress Relief, Effortless Sleep & Renewed Energy CD, audio book
- The Dementia Caregiver's Toolkit: An Easy Guide to Manage Daily Tasks, Gain Clarity on Dementia Progression, and Ensure the Caregiver's Emotional and Physical Well-Being book
- Creative Engagement: A Handbook of Activities for People with Dementia
- A Loving Approach to Dementia Care: Making Meaningful Connections with the Person Who Has Alzheimer's Disease or Other Dementia or Memory Loss
- Hiding the Stranger in the Mirror: A Detective's Manual for Solving Problems Associated with Alzheimer's Disease and Related Disorders book
- Take Your Oxygen First: Protecting Your Health and Happiness While Caring for a Loved One with Memory Loss book
- Daily Comforts for Caregivers book
- Still Me book
- The Remember Balloons (children's) book

To Borrow A Caregiver Kit

- You must have a Bedford Public Library System Library Card
- Each Kit Checks Out For 4 Weeks, 1 Kit Per Card At A Time
- Ask a staff member at the Bedford Central Library desk for the kit you are interested in OR place a hold on the kit online (<https://bplsonline.tlcdelivers.com/>) SEARCH TERM: Caregiver Memory Activity Kit

Friends of the Bedford Library Caregiver Memory Activity Kits NOW AVAILABLE TO BORROW FROM THE BEDFORD CENTRAL LIBRARY



These kits have been put together for families, friends, or individuals who provide care for people with dementia or other memory loss illnesses.

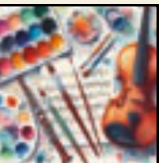
Each activity kit comes with a collection of items selected to spark memories, create conversation, and provide positive and engaging interactions between people with Alzheimer's and other dementia-related illnesses and their caregivers. The activities in the kits are most appropriate for individuals with mild cognitive impairment to those in the early to mid stage of dementia. They are not designed for individuals in later stages of dementia. Every kit comes with a folder with information on how to best use the resources and activities inside.

KITS & CONTENTS



Animals and Pets

- Unlikely Animal Friends 2 DVD Set
- Dogs and Puppies interactive book
- Picture Book of Animal Friends
- Cats and Kittens picture book
- Find Cranky Cat coloring/activity pages
- 24 colored pencils in zippered pouch
- 40 Most Beautiful Birds book
- Match the Photo game
- Animal Bingo
- 64-piece Puzzle: Picnic Time Dogs
- Creating Moments of Joybook



Art & Music

- 24 Reusable Water Painting Sheets in plastic folder
- 2 paint brushes in plastic container
- Art Masterpieces Spot the Difference binder with Dry Erase Marker
- Coloring Pages in plastic folder
- 24 colored pencils and 20 markers in zippered pouch
- Steel Tongue Drum and 2 Mallets in black drawstring bag
- 1 Song Book for Steel Tongue Drum
- Musical Bingo
- 63 piece Puzzle: Dancing Shoes
- Shake loose A Memory Game
- Creating Moments of Joybook



Hobbies & Pastimes

- Conversation Games: Hobbies
- Match the Photo game
- A Visit to the Library book, large print easy-to-read stories
- Activity Pages
- 24 colored pencils and 20 markers in zippered pouch
- 35-piece Puzzle: Kitchen Utensils
- 200-piece Puzzle: Lions -- Wooden Tile Matching game
- 5 Ocean Life Aquapaint reusable water paint sheets
- 2 Paint Brushes in plastic tube
- Caregivers Guide to Dementia book



Local History Bedford, VA

- Bedford County: Images of America book
- Bedford Villages Vol. 1, 2, & 3 books
- Echoes of Olde Liberty book
- Historical Diary of Bedford, Virginia U.S.A. from Ancient Times to U.S. Bicentennial book by Peter Viemeister
- Scenes of Bedford: Past and Present book by Warner T. Scott
- Sketch Book of Liberty: Its People and Its Trade book
- A Mill and its People: 125 Years of Paper Making book
- The Mills of Bedford County book
- Bedford: The Town They Left Behind DVD
- 96 piece Puzzle: Peaks of Otter
- Caregivers Guide to Dementia book



Memory Boosters

- Toolbox 365 activity
- Thinking Cards
- Aerobics for the Mind Mental Fitness Cards
- Mighty Mind Activity
- Shut the Box game
- Conversation Cards
- Brain Games: Spot the Difference
- Circuit Maze
- Caregivers Guide to Dementia book



Mixed Bag

- Stronger Seniors Stretch and Strength Chair exercise program DVD
- Conversation Cards
- Match the Shapes
- Expression Cards
- Match the Photos game
- Marble Maze
- Coloring and Activity pages
- 24 colored pencils and 20 markers in zippered pouch
- Through the Seasons Activity book
- The 36 Hour Day book



Nature and Outdoors

- Flowers book
- Picture Book of Birds
- Seasons interactive book
- Picture Book of Natural Wonders
- National Parks DVD
- Blue Ridge Mountains Virtual Bike Ride DVD
- Mountain Song CD
- 63-piece Puzzle: Lakeside Vacation
- 100-piece Puzzle: Winter Deer with Barn
- Assistex Nature Matching Game
- Caregivers Guide to Dementia book



Puzzles and Games

- 35-piece Cobble Hill tray Puzzle: Singing Around the Birdhouses
- 63-piece Relish tray Puzzle: Burano Island
- 275-piece Cobble Hill Puzzle: Summer Afternoon on the Farm
- Chair Activity Bingo
- Double Six Dominoes
- Imagination Links
- PicLink Game
- Qwirkle
- Fun and Games: Childhood Reflections on Sports and Leisure interactive book
- Creating Moments of Joybook